

# **10<sup>™</sup> SARPS CONGRESS ON PAIN**





South Asian Regional Pain Society & Indian Society for the Study of Pain in collaboration with

### **International Association for the Study of Pain**

Theme: Patient Centric Pain Management

## PRE-CONFERENCE WORKSHOP

#### BOTULINUM TOXIN INJECTION IN CHRONIC PAIN MANAGEMENT

**Date**: 25<sup>th</sup> September 2025

Timing: 09:00-14:00 (Half Day)

• Venue: Delhi Pain Management Centre, Safdarjung Enclave

(25) Participants: 25 Seats only

#### About

- A one-day, hands-on Botulinum Toxin Workshop covering its mechanism, types, clinical use, and injection techniques.
- Ideal for both beginners and experienced clinicians, featuring live demos, expert-led sessions, and interactive practice with real cases.



### Benefits of attending the workshop

- 1. In-depth scientific overview of Botulinum toxin and its types
- 2. Clinical pearls on patient selection indications & contraindications
- Indiana Indiana 3. Video-based learning with real-case demonstrations: (i) Migraine, Spasticity, Dystonia
- 4. Live preparation and injection sessions on actual patients
- 5. Hands-on practice session with expert supervision
- 6. Small-group focused training and interactive Q&A
- 7. Take-home techniques to apply in clinical practice immediately

### Agenda of the Workshop

Time	Session	Duration
09:00-09:20	Mechanism of Botulinum toxin and various types of Botulinum toxin	20 Min
09:00-09:35	Tips and tricks of patient selection (Indications and contraindications)	15 Min
09:35-09:50	How I do it – Video presentation: Migraine	15 Min
09:50-10:05	How I do it - Video presentation: Spasticity	15 Min
10:05-10:20	How I do it - Video presentation: Dystonia	15 Min
10:30-10:50	Live demonstration: Preparation of Botulinum toxin	20 Min
10:50-11:20	Live demonstration: Botulinium toxin in a patient of migraine	30 Min
11:20-11:50	Live demonstration: Botulinium toxin in patient of spasticity	30 Min
11:50-12:20	Live demonstration: Botulinium toxin in a patient of cervical dystonia	30 Min
12:20-14:00	Hands-on practice	1 Hr 40 Min

#### **Organising Faculty**

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